



任点
任吃
自助餐

**A LA CARTE
CHINESE BUFFET**
Email: occ@banheng.com.sg
Website: www.banheng.com.sg
Tel: 6732 7888

萬興酒樓@胡姬乡村俱乐部

Ban Heng Restaurant @Orchid Country Club

大人 () 人 桌号
小孩 () 人

Buffet Menu A

Mon to Friday 星期一至星期五

Adult: \$34.80++ Per Pax

Sat & Sun, Replacement PHs
星期六, 星期天, 补公假

Adult: \$38.80++ Per Pax

Public Holidays, Special Occasions
公共假期, 特别节日

Adult: \$40.80++ Per Pax

FIXED PRICE FOR CHILD

Child: \$18.80++ Per Pax

(Child height from 100cm to 140cm)

Child height below 100cm FOC

买3成人送1人

1 Dines FREE with Every 3 Paying Adults

最少3位成人 Min. 3 Adults

Chinese Tea, Pickles & Towels
(茶水, 花生, 湿纸巾)

@ \$3++ per pax, (Compulsory)

All prices quoted are subject to 10%
service charge & Prevailing GST




所有出品备货有限售完为止

Whilst stocks last. All orders will be on
a first-come-first-served basis.

Hong Kong Dim Sum 港式点心

(只限午餐时段 Lunch Only)

Steamed Dim Sum 蒸点心

	1st	2nd	3rd		1st	2nd	3rd
1. 皇鲜虾饺 (4粒) Steamed Shrimp Dumpling(Ha Gao)					9 蜜汁叉烧包 (4粒) Steamed Char Siew Buns		
2 蟹皇蒸烧卖 (4粒) Steamed Siew Mai with Crab Roes					10 鸡窝包 (只限每人一件) 		
3上海小龙包 (3件) Steamed Minced Pork Dumpling					11 蛋黄流沙包 (4件) Steamed Salted Egg Yolk "Liu Sha" Bun		
4 芋香蒜蓉蒸排骨 (1笼) Steamed Pork Ribs Minced Garlic & Yam					12 竹炭猫山王流沙包 Charcoal Musang King "Liu Sha" Bun		
5. 蠔皇蒸鲜竹卷 (4件) Shrimp Paste Wrapped Bean Curd Skin					13. 白糖糕 (4件) NEW !!!		
6 桂林蒸凤爪 (1笼) Steamed Chicken Claws in Gui Lin Style					14. 黑糖刀切小馒头 NEW !!! 		
7 四川红油抄手 (4件) Hot & Spicy Dumpling in Szechuan Style					15. 香菇鸡肉蘑菇包 NEW !!! 		
8 潮州韭菜水晶球 (4件) Steamed Crystal Chive Dumpling Shrimp					Mushroom Chicken Bun		

Fried Dim Sum 炸点心

	1st	2nd	3rd		1st	2nd	3rd
1 沙律明虾角 (4件) Deep-fried Shrimp Dumpling					6 炸香蕉豆沙卷 (4件) Deep-fried Banana & Red Bean Roll		
2 香芒鲜虾筒 (4件) Deep-fried Prawn Mango Roll					7 腊味萝卜糕 (4件) Fried Carrot Cake with Chinese Sausage		
3 韭豆腐皮卷 (4件) Deep-fried Prawns in Bean Curd Skin					8 蜂巢芋角 Deep- Fried Taro Dumpling		
4 鲜虾千丝龙须卷 (4件) Deep-fried Prawn wrapped Vermicelli					9 制自蛋挞仔 (只限每人一件) Mini Egg Tart (One Serving Only)		
5 自制糯米榴莲球 (4件) Homemade Sticky Rice Durian Balls					10 红豆沙煎堆 (4件) NEW !!!		
					Red Bean Sesame Ball		

Roasted Meat & Appetizers 烧味/前菜

	1st	2nd	3rd		1st	2nd	3rd
1 咸蛋皇鱼皮 Deep-fried Fish Skin Salted Egg Yolk					7 酥皮烧腩肉 Roasted Pork Belly		
2 什果沙律虾 Salad Prawn with Fruit Cocktail					8 潮州卤水鸭 		
3 泰式海蜇丝 Marinated Cold Jelly Fish Thai Sauce					9 潮州虾枣 D/F Prawn Roll		
4 酸姜片皮蛋 Sliced Marinated Ginger Century Egg					10 春卷 D/F Spring Roll		
5 蜜汁靚叉烧 Barbecued Pork with Honey					11 熏鸭片伴苹果酱 Sliced Smoke Duck with Apple Sauce		
6 明火挂炉鸭 Barbecued Crispy Duck							



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Business Hours:

Lunch - 11.30am - 2.30pm
Dinner - 6.00pm - 9.30pm

Last Dish Serve

- Lunch by 2 pm - Dinner by 9 pm

**Wastage of food will be charged
\$5++ per 100gm**

请别浪费食物, 剩余食物会按
每100克 \$5++ 收费

自助餐中所有菜色,
只限于当堂享用, 不可打包带走
*The dishes served in our buffet are for
dine-in only (strictly no takeaways).*

使用甜品订单在甜点柜台领取甜点
Claim the Dessert at Dessert Counter
with The Dessert Order Chit

每逢周末和公共假期将
会更多特别菜肴叻沙供应摆设自助餐柜台
*Hot Selection & Laksa Serve on Weekend and
Public Holiday can be Picked Up at the
Buffet Counter*

Buffet Menu



Seafood 海产

	1st	2nd	3rd
1 泰式油浸金凤鱼 Deep Fried Talapia with Thai Sauce			
2 油浸顺壳鱼 (one serving only只限1次) D/F 'Soon Hock' Superior Soya Sauce			
3 港式蒸西曹鱼 Steamed Sea Bass Superior Soya Sauce			
4 生鱼白菜芋头汤 Toman Fish Yam & Cabbage Soup			
5 娘惹酱炸多利鱼片 D/F Dory Fish Fillet Nyonya Sauce			
6 日式七味虾 Deep Fried Prawn in Special Sauce			

Poultry & Meat 家禽、肉

	1st	2nd	3rd
1 万兴东坡肉伴荷叶包 Braised Pork Belly served Steamed Bun			
2 酥炸脆鸡翼 Deep-fried Chicken Wing			
3 印尼咖喱排骨 Indonesia Curry Spare Rib			

Soup 汤

	1st	2nd	3rd
1 干贝蟹肉鱼翅 (只限点一次) Shark's Fin Soup with Crabmeat			

Tofu & Vegetables 豆腐、蔬菜

	1st	2nd	3rd
1 鱼香茄子豆腐 Braised Egg Plant Minced Pork and Tofu			
2 麻婆豆腐 Mapo Tofu			
3 泰式豆腐 D/F Tofu with Thai Sauce			
4 潮汕浮豆乾 (4件) Teo Jiu Fried Tau Kua			
5 三皇蛋苋菜苗 Poached Local Spinach with Trio Egg			

Rice & Noodle 饭、面

	1st	2nd	3rd
1 韭黄干烧伊面 Braised Ee- Fu Noodle with Chive			
2 蒜香蛋白蟹肉炒饭 Fried Rice Golden Garlic Egg White Crab Meat			
3 XO酱炒萝卜糕 Fried Carrot Cake with XO Sauce			

1st 2nd 3rd

	1st	2nd	3rd
7 香脆麦片虾 Wok Fried Prawn with Cereal			
8 印尼咖喱虾 Indonesia Curry Prawn			
9 上汤啦啦煲 Lala in Superior Soup			
10 姜丝豆瓣酱啦啦 Wok Fried Lala Ginger Bean Paste			
11 三巴啦啦 Wok Fried Sambal			
12 妈蜜虾 NEW !!! Marmite Prawn			

1st 2nd 3rd

	1st	2nd	3rd
4 菠萝咕嚕肉 Wok-fried Sweet & Sour Pork Pineapple			
5 妈蜜鸡 Marmite Chicken Recipe			
6 脆皮烧鸡 (每天限量供应) Crispy Roasted Chicken			

1st 2nd 3rd

	1st	2nd	3rd
2 例汤 (在Buffet Line 领取) Soup Of The Day			

1st 2nd 3rd

	1st	2nd	3rd
6 干煸肉碎长豆 Long Bean with & Minced Pork			
7 马来风光 Wok-fried Kang Kong with Sambal			
8 潮州蚝烙 Oyster Omelet			
9 蒜茸番薯叶 Wok-fried Potato Leave with Garlic			
10 蟹肉蚝皇扒菠菜 Braised Spinach crab Meat Oyster Sauce			

1st 2nd 3rd

	1st	2nd	3rd
4 滑蛋河粉 Wok-fried Hor Fun with Egg			
5 月光河粉 Wok Fried Hor Fun with Egg yok			
6 潮州豆角焖面 Braised Noodle Long Bean Teo chew Style			



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大人 () 人 桌号
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Buffet Menu B

Mon to Friday 星期一至星期五

Adult: **\$41.80** ++ Per Pax
 Sat & Sun, Replacement PHs
 星期六, 星期天, 补公假

Adult: **\$45.80** ++ Per Pax
 Public Holidays, Special Occasions
 公共假期, 特别节日

Adult: **\$47.80** ++ Per Pax
FIXED PRICE FOR CHILD
 Child: **\$18.80** ++ Per Pax
 (Child height from 100cm to 140cm)
 Child height below 100cm FOC

买3成人送1人 最少3位成人 Min. 3 Adults
 1 Dines FREE with Every 3 Paying Adults

CHEF'S RECOMMENDATION

(One serving only per dish)

厨师精选七宝 每样只限点一次(只限每人一份)

B1 迷你佛跳墙 Mini Buddha Jump Over The Wall	
B2 明太子焗扇贝(每人一粒) Metaiko Scallop	
B3 辣椒螃蟹/黑椒螃蟹(每人一件, 只限一种口味) Chilli Crab or Black Pepper Crab	
B4 烧烤鸡肉沙爹 Chicken Satay (2 pcs per diner)	
B5 酥炸榴莲卷 D/F Durian Roll (1 pcs per pax /)	
B6 橙汁虾球(每人两粒) D/F Prawn with Orange Juice	
B7 桃胶红枣炖雪燕 D/B Peach Gum, Snow Swallow & Red Date	

Hong Kong Dim Sum 港式点心

(只限午餐时段 Lunch Only)

Steamed Dim Sum 蒸点心

	1st	2nd	3rd
1 皇鲜虾饺(4粒) Steamed Shrimp Dumpling(Ha Gao)			
2 蟹皇蒸烧卖(4粒) Steamed Siew Mai with Crab Roes			
3 上海小龙包(3件) Steamed Minced Pork Dumpling			
4 芋香蒜蓉蒸排骨(1笼) Steamed Pork Ribs Minced Garlic & Yam			
5 蠔皇蒸鲜竹卷(4件) Shrimp Paste Wrapped Bean Curd Skin			
6 桂林蒸凤爪(1笼) Steamed Chicken Claws in Gui Lin Style			
7 四川红油抄手(4件) Hot & Spicy Dumpling in Szechuan Style			
8 潮州韭菜水晶球(4件) Steamed Crystal Chive Dumpling Shrimp			

Fried Dim Sum 炸点心

	1st	2nd	3rd
1 沙律明虾角(4件) Deep-fried Shrimp Dumpling			
2 香芒鲜虾筒(4件) Deep-fried Prawn Mango Roll			
3 韭豆腐皮卷(4件) Deep-fried Prawns in Bean Curd Skin			
4 鲜虾千丝龙须卷(4件) Deep-fried Prawn wrapped Vermicelli			
5 自制糯米榴莲球(4件) Homemade Sticky Rice Durian Balls			

Roasted Meat & Appetizers 烧味/前菜

	1st	2nd	3rd
1 咸蛋皇鱼皮 Deep-fried Fish Skin Salted Egg Yolk			
2 什果沙律虾 Salad Prawn with Fruit Cocktail			
3 泰式海蜇丝 Marinated Cold Jelly Fish Thai Sauce			
4 酸姜片皮蛋 Sliced Marinated Ginger Century Egg			
5 蜜汁靚叉烧 Barbecued Pork with Honey			
6 明火挂炉鸭 Barbecued Crispy Duck			

	1st	2nd	3rd
9 蜜汁叉烧包(4粒) Steamed Char Siew Buns			
10 鸡窝包 Steamed Glutinous Rice Chicken Pau			
11 蛋黄流沙包(4件) Steamed Salted Egg Yolk "Liu Sha" Bun			
12 竹炭猫山王流沙包 Charcoal Musang King "Liu Sha" Bun			
13 白糖糕(4件) NEW !!! Steamed Rice Cake			
14 鲍鱼蒸烧卖(每人一粒) NEW !!! Steamed Siew Mai with Abalone			
15 黑糖刀切小馒头 NEW !!! Steamed Brown Sugar Man Tou			
16 香菇鸡肉蘑菇包 NEW !!! Mushroom Chicken Bun			

	1st	2nd	3rd
6 炸香蕉豆沙卷(4件) Deep-fried Banana & Red Bean Roll			
7 腊味萝卜糕(4件) Fried Carrot Cake with Chinese Sausage			
8 蜂巢芋角 Deep-Fried Taro Dumpling			
9 制自蛋挞仔(只限每人一件) Mini Egg Tart (One Serving Only)			
10 红豆沙煎堆(4件) NEW !!! Red Bean Sesame Ball			

	1st	2nd	3rd
7 酥皮烧腩肉 Roasted Pork Belly			
8 潮州卤水鸭 Braised Duck in Teochew Style			
9 潮州虾枣 D/F Prawn Roll			
10 春卷 D/F Spring Roll			
11 熏鸭片伴苹果酱 Sliced Smoke Duck with Apple Sauce			
12 冰镇美人虾 NEW!!! Chilled Venamei Cook Prawn			



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**Wastage of food will be charged
\$5++ per 100gm**

请别浪费食物, 剩余食物会按
每100克 \$5++ 收费

自助餐中所有菜色,
只限于当堂享用, 不可打包带走
**The dishes served in our buffet are for
dine-in only (strictly no takeaways).**

使用甜品订单在甜点柜台领取甜点
Claim the Dessert at Dessert Counter
with The Dessert Order Chit

每逢周末和公共假期将
会更多特别菜肴叻沙供应摆设自助餐柜台
Hot Selection & Laksa Serve on Weekend and
Public Holiday can be Picked Up at the
Buffet Counter



Chinese Tea, Pickles & Towels
(茶水, 花生, 湿纸巾)
@ \$3++ per pax, (Compulsory)
All prices quoted are subject to 10%
service charge & Prevaling GST

Buffet Menu



Seafood 海产

	1st	2nd	3rd
1 泰式油浸金凤鱼 Deep Fried Talapia with Thai Sauce			
2 油浸顺壳鱼 (one serving only只限1次) D/F 'Soon Hock' Superior Soya Sauce			
3 港式蒸西曹鱼 Steamed Sea Bass Superior Soya Sauce			
4 生鱼白菜芋头汤 Toman Fish Yam & Cabbage Soup 			
5 娘惹酱炸多利鱼片 D/F Dory Fish Fillet Nyonya Sauce			
6 日式七味虾 Deep Fried Prawn in Special Sauce			


	1st	2nd	3rd
7 香脆麦片虾 Wok Fried Prawn with Cereal			
8 印尼咖喱虾  			
Indonesia Curry Prawn			
9 上汤啦啦煲 Lala in Superior Soup			
10 姜丝豆瓣酱啦啦 Wok Fried Lala Ginger Bean Paste			
11 三巴啦啦 Wok Fried Sambal			
12 妈蜜虾 Marmite Prawn			


Poultry & Meat 家禽、肉

	1st	2nd	3rd
1 万兴东坡肉伴荷叶包 Braised Pork Belly served Steamed Bun 			
2 酥炸脆鸡翼 Deep-fried Chicken Wing			
3 脆皮烧鸡 Crispy Roasted Chicken			

	1st	2nd	3rd
4 菠萝咕嚕肉 Wok-fried Sweet & Sour Pork Pineapple			
5 妈蜜鸡 Marmite Chicken Recipe			
6 花雕药膳鸡 Steamed Herbal Chicken Chinese Wine			


Tofu & Vegetables 豆腐、蔬菜

	1st	2nd	3rd
1 鱼香茄子豆腐 Braised Egg Plant Minced Pork and Tofu			
2 麻婆豆腐 Mapo Tofu			
3 泰式豆腐 D/F Tofu with Thai Sauce			
4 潮汕浮豆乾 (4件) 			
Teo Jiu Fried Tau Kua			
5 三皇蛋苋菜苗 Poached Local Spinach with Trio Egg			

	1st	2nd	3rd
6 干煸肉碎长豆 Long Bean with & Minced Pork			
7 马来风光 Wok-fried Kang Kong with Sambal			
8 潮州蚝烙 			
Oyster Omelet			
9 蒜茸番薯叶 Wok-fried Potato Leave with Garlic			
10 蟹肉蚝皇扒菠菜 Braised Spinach crab Meat Oyster Sauce			

Rice & Noodle 饭、面

	1st	2nd	3rd
1 韭黄干烧伊面 Braised Ee- Fu Noodle with Chive			
2 蒜香蛋白蟹肉炒饭 Fried Rice Golden Garlic Egg White Crab Meat			
3 XO酱炒萝卜糕 Fried Carrot Cake with XO Sauce			

	1st	2nd	3rd
4 滑蛋河粉 Wok-fried Hor Fun with Egg			
5 月光河粉 Wok Fried Hor Fun with Egg yok			
6 潮州豆角焖面 			
Braised Noodle Long Bean Teo chew Style			